



WORK EXPERIENCE

Dr.Kanan Khatau Chikhal

Founder of LifeCures Wellness Clinic

Co-Founder Whole Brain Consulting



PROFILE

My vision is to build a community of 10 Million Happy People across globe by 2030 through using **Whole Brain Approach** and a **Blue Ocean Product – Mind Celebrations™**. It is a pioneering concept in the domain of preventive Mental Health. We also work towards **building culture of EMOTIONAL SAFETY** at CORPORATE INDIA and ORGANIZATION/INSTITUTIONS.



CONTACT

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SKILLS

- ✦ Mentoring and Coaching
- ✦ Behavior modification – Sustainable | Measurable
- ✦ Nurturing Leadership and Talent
- ✦ Succession Planning
- ✦ Motivational and Public Speaking
- ✦ Stress Management – Energy Management



EDUCATION & TRAINING

- ✦ Stakeholder Centered Coach with Marshall Goldsmith & Leader of the Future Competencies
- ✦ Happiness Program at Berkley Well Being Institute
- ✦ Post graduate Clinical Health Psychology Xavier's Institute of Counseling Psychology
- ✦ Post-graduation in Integrated Clinical Hypnotherapy from California Hypnosis Institute of India
- ✦ Practical Applications of Trans personal Regression Therapy from TASSO institute, Holland
- ✦ Bachelor in Homeopathic Medicine & Surgery
- ✦ Personal Mastery with Dr. Hans Tendam



PERSONAL LIFE

- ✦ *I Enjoy reading and singing the teachings of "Saint Kabir" poetry which, I regularly imbibe in my life and work. I am happily married to Vikrant, a Clairvoyant and Mystic in his own ways. My daughter Divyana, a 9 year old with a strong identity keeps me engaged with her questions.*

- ✦ 10,000 Clients, 25,000 hours of Coaching & Training in a career spanning 20+ years 18 years of experience of 10,000 Clients (25000 hours of Coaching & Training), as an m Executive Coach and Trainer.
- ✦ Performance & Executive Coaching for CEO's, CXO's of Organizations & Business Owners (MSME)
- ✦ CEO, CXO, Business Leader Performance Coach
- ✦ Leadership & Behavioral Training for large Corporates
- ✦ Entrepreneurship – Mentoring, Coaching & Nurturing for Small to medium Industries and startups.
- ✦ Assisting in Succession Planning specially in Family Run Businesses



ACCOMPLISHMENTS

- ✦ Conception and Launch of **Mind Celebrations™** – Pioneering product for Corporate India. Covered 3000 plus corporate employees in first year of operations (2019).
- ✦ Presented the concept of **Whole Brain Activation** for Peak Performance where development of GRIT with Strategic Thinking unlocks potential along with Strategic Planning through the **"Blue Ocean Strategy" in sports. Televised by NDTV.** Event called **"Women in Indian Sports"**, organized by Australian High Commission, televised by NDTV.
- ✦ **Whole Brain Consulting awarded 50 Best Wellness Companies** at World Health & Wellness Congress
- ✦ Public Speaking Assignments
 - TEDx Hinduja College
 - TEDx SIES College
 - **Economic Times Strategic Facilities Management.**
- ✦ Presented a research and assessment paper on how one can unlock the **Limitlessness of Human Potential and Building Grit at The International Conference on Mental Health and Psychiatry, Dubai, UAE.**
- ✦ Live talk show on Digital Detox and Building a Culture of Emotional Safety at **Radio Mirchi UAE, Dubai Eye FM, Pulse Radio Sharjah UAE.**
- ✦ Awards & Recognitions
 - **Most Talented Happiness Leader Award at World HRD Congress**
 - **Fabulous 101 Quality Leaders in the World**
- ✦ Founder Member of **Council for Reality, Infrastructure, Services and Promotion (CRISP), Leading Facility management "not for profit organization".**
- ✦ **Television Coverage**
 - Zee Business
 - **Savdhaan India, Star TV**
 - Press Articles
 - Times of India
 - The Hindu
 - Mumbai Mirror



CLIENTS

- ✦ Panasonic India Pvt Ltd
- ✦ Mahindra and Mahindra Group (First Choice Wheels)
- ✦ Reliance Retail Ltd
- ✦ Anglo Eastern Shipping
- ✦ Gap IT Services (Gap INC)
- ✦ Standard Chartered Bank
- ✦ HDFC Bank Ltd
- ✦ TATA AIA Insurance